Second Week of Lent

Lord, grant us simplicity of faith,
And a generosity of service.
That gives without counting cost
A life overflowing with Grace
Poured out from the One
Who gave everything
That we might show
The power of love
To a broken world
And share the truth
From a living Word
Lord, grant us simplicity of faith
And a yearning to share it.

“It is this simple: God is revealed through women and men who live lives of Christian commitment. In those whose integrity strengthens us, in those whose religious sentiments inspire us, in those whose endurance gives us confidence. God is revealed in those who get involved in bettering the lives of others. God is revealed in very ordinary ways, if we but open our eyes to see.” Dianne Bergant CSS

Instead of giving up chocolate or alcohol for Lent, the pope seems to want us to give up our indifference to others. He has stated: “We end up being incapable of feeling compassion at the outcry of the poor, weeping for other people’s pain, and feeling a need to help them, as though all this were someone else’s responsibility and not our own.”

I urge you to continue your generous giving to our Caritas Project this Lent, which has a focus on empowering poorer communities and countries to become independent of charity by establishing businesses and farms that support their community.

Carol Seagar
Principal
Thank You
Many thanks to our generous helpers at the Swimming Carnival last week, to the friendly families who attended the wonderful Welcome BBQ and our Commencement Mass. It is very rewarding for staff to have met with you this week in order to share knowledge of your child at the Parent-Teacher Interviews. Thank you for being such a proactive community.

Picking up Students
CAMPBELL & ABBOTT STREET EXITS – reminder that you can pick up students as late as 3:20 from these exits in order to avoid the rush of traffic at 3:00. PLEASE REMEMBER THAT SIBLINGS EXIT AT ABBOTT STREET AND SINGLE CHILDREN AT CAMPBELL STREET - we do this to ensure the safety of the 340 students as they leave the school premises

MYTERN Parent Posts
Post 2 The Skill of MYTERN

MYTERN is based on a simple metaphor:
• you are the driver
• only you have control of the steering wheel
• you can’t control anyone else’s steering wheel
• each road you drive down is an emotion
• and the way you choose to react to a situation decides which emotional road you will drive down.

There are two types of roads:
• The green roads which increase your health. Reapo is in charge of these roads - some of which include: happy, excited, peaceful, generous, loving and confident.
• The red roads which increase your resilience. Buska is in charge of these roads – some of which include: sad, disappointed, angry, mean, jealous and scared. Just remember not to stay on the red roads for too long, otherwise you may lose some of your health.

It is important to realise that each road has its own merit. Each road is designed to give you a completely different perspective, changing the way you see things and often helping you to choose another road.

Life is meant to be full of contrast. You can’t expect to spend your life driving down smooth green roads all the time. If you did you wouldn’t be able to develop any resilience. You just need to know HOW to be in control of your steering wheel, as well as accepting responsibility for the roads that you choose to drive down. This is exactly what the skill of MYTERN helps you to develop through introducing the characters of Reapo, Buska, TEP and PET.

Our next post will deal with the characters of PET and TEP, helping you to take control of your steering wheel.

Family Activity
Discuss the meaning of the green and the red roads with your child/children. Ask them what road they are on at different times of every day, beginning to make them aware of what they are feeling. Also, try to monitor which roads you drive down as well.

How do you know what road you are on? A GPS is a tool that can tell you where you are and help guide you to where you want to go.

Perhaps you use a GPS in your car. You can use this to explain to your children how they have their own inbuilt GPS that tells them which road they are on in the MYTERN city of emotions (their current emotion).

Feeling good?
Your GPS is saying that you are on a green Reapo road building your health and that you can drive down there as long as you want to.

Don’t feel so good?
Your GPS is telling you that you are on a red Buska road building your resilience.

See photos, newsletters, calendar and more on our website: stm.tas.edu.au
Swimming Carnival

Relay Team - Melissa Woolridge, Aylee Smith, Alysia Chugg, Bryce Lawes, Connor Thompson, absent Samuel Rein

A girl’s polo top was mistakenly taken from the pool on Thursday. Please check to see if you have it and return it to Mrs Love’s class.

Welcome BBQ
Mrs Niccola Pearce has been teaching for 15 years and loves being part of the growth of the students on their learning journey.

Mrs Jessica Scharapow has also been teaching for 15 years and loves being with young people and seeing the ever changing dynamics of their learning.

Miss Lauren Peters has been teaching for 5 years and loves building positive relationships with students and their families.

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CELEBRATING HOLY WEEK & EASTER 2016

LAUNCESTON PARISH

PARISH LENTEN RECONCILIATION (2ND RITE)
7.30PM, MONDAY 21ST MARCH AT ST FINN BARR’S CHURCH, INVERMAY

HOLY THURSDAY, 24 March
MASS OF THE LORD’S SUPPER
7.30pm
Church of the Apostles
44 Margaret Street, Launceston
7.30pm
Carmelite Monastery
7 Cambridge Street, West Launceston

GOOD FRIDAY, 25th March
STATIONS OF THE CROSS (OUTDOORS)
10.30am
Church of the Apostles
COMMEMORATION OF THE LORD’S PASSION
3.00pm
Church of the Apostles
3.00pm
Carmelite Monastery

HOLY SATURDAY, 26th March
1ST RITE OF RECONCILIATION (CONFESSIONS)
10.00am
Church of the Apostles
EASTER VIGIL & MASS OF THE RESURRECTION
7.30pm
Church of the Apostles
11.00pm
Carmelite Monastery

EASTER SUNDAY, 27th March
8.30am
Carmelite Monastery (Please note time)
9.00am
St Patrick’s College Chapel (Family Mass)
Cnr Mt Leslie & Westbury Roads, Prospect
9.00am
St Finn Barr’s Church
247 Invermay Road, Invermay
10.30am
Church of the Apostles

Please Note
NO 6.30pm EVENING MASS
at Church of the Apostles on Easter Sunday

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2016 World Youth Day Pilgrimage

Round 2 Applications

The 2016 WYD will be held in Krakow, Poland.

The pilgrimage will be led by Archbishop Porteous and the Archdiocesan Youth Ministry Team.

General information including the itinerary and application forms can be found on the Youth Ministry website at http://www.wydtas.org.au/tassiewyd16/

Each pilgrimage participant will be required to make a $3500 contribution.

Expressions of Interest via an application form are to be submitted to the Director, TCEO by 4.00pm on Friday 11 March 2016.

Further Information:
If applicants have any further questions about World Youth Day or the Tasmanian Pilgrimage please do not hesitate to contact Rachelle Smith at Catholic Youth Ministry on 6208 6038 or 0400 045 368 or rachelle.smith@aohtas.org.au
What's On outside school

Parish Blog
The parish has a blogspot now which has links to our weekly bulletin and other information.

Crop Maze
We have developed a Crop Maze at our farm ‘Rupertswood’ at Station Lane, Hagley. The Maze design, cut into a paddock of sorghum, depicts rain falling from a cloud over a wheat field. The design, initially developed to highlight the plight of farmers battling drought-like conditions, was recently amended after heavy rain fell across northern Tasmania. I have attached the Press Release for more information.

The Crop Maze is open for four weekends, starting this weekend (10am – 4pm). Would it be possible to include this advertisement into your school newsletter, please? The Maze provides opportunities for children to learn about conserving water, in a safe and enjoyable environment.

For more information, please go to www.rupertswoodfarm.com.
Last year RATS monies were spent on picnic tables, kitchen/garden items, football and soccer tops, fencing at Campbell Street and goal posts.

This year we have $9500 available to support the school in resources – please fill out the form below with your ideas what it can be spent on and return to class or office.

I would like to see the RATS monies spent on:

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